

## useful contacts

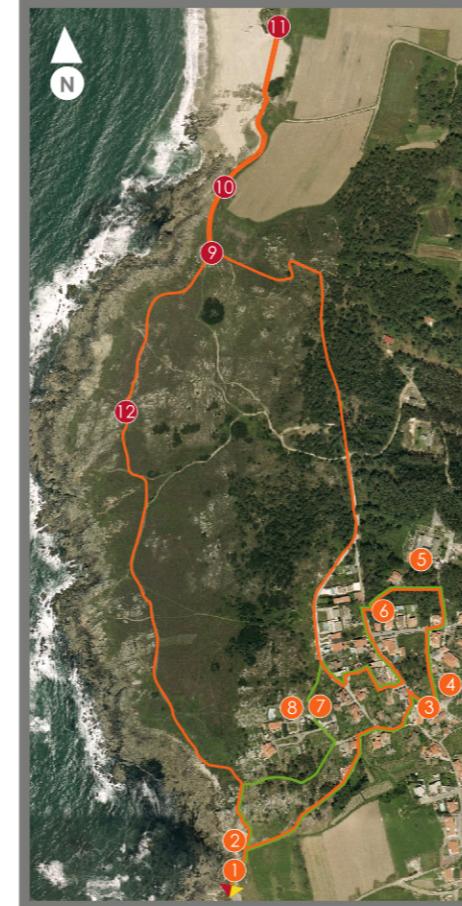
Viana do Castelo City Council > 258 809 300  
 Posto de Turismo de Viana do Castelo > 258 832 620  
 Viana Welcome Center > 258 098 415  
 Linha de Atendimento ao Turista > 308 781 212  
 Unidade Local de Saúde do Alto Minho > 258 802 100  
 Hospital > 258 802 100  
 Fire Department > 258 800 840 / 258 840 470  
 GNR (Portuguese National Guard) > 258 809 880  
 SOS (Emergency Services) > 112  
 Emergency number for Forest Fires > 117

## contactos úteis

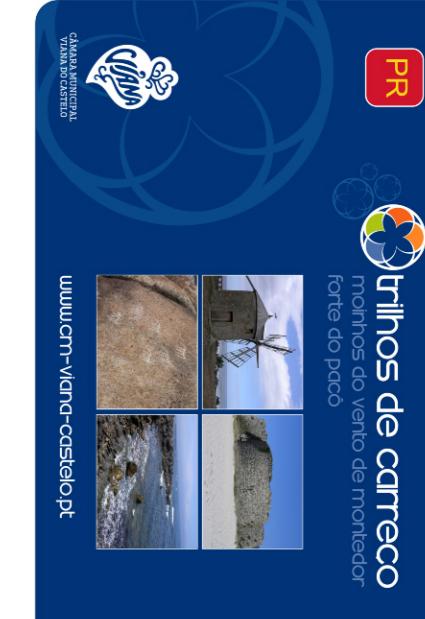
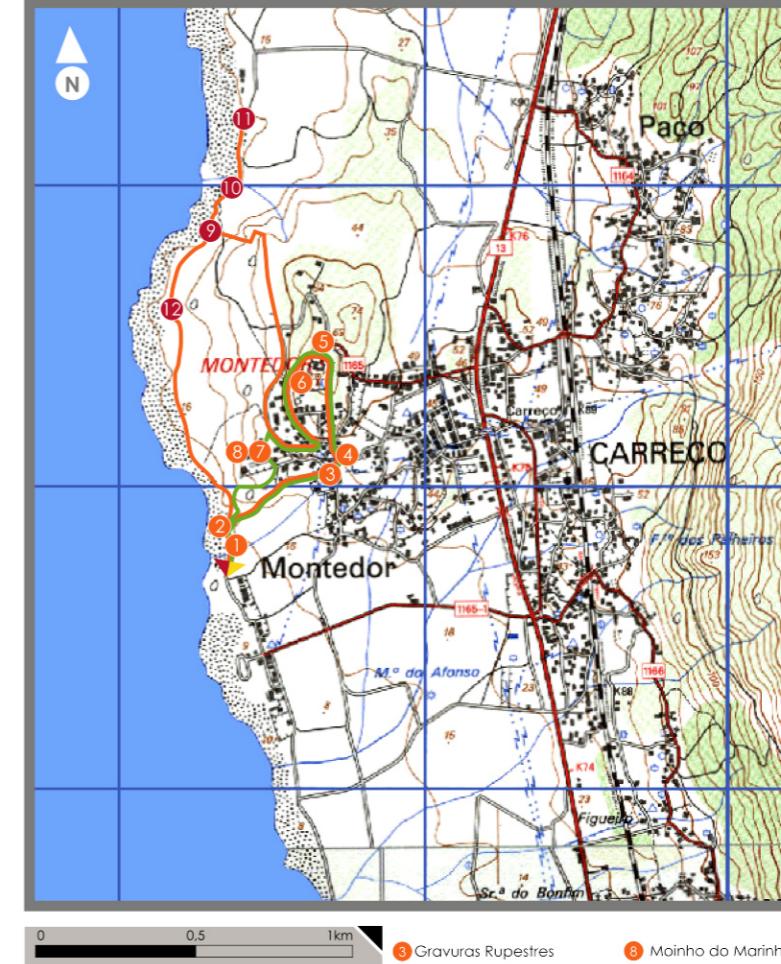
mapa do concelho de viana do castelo  
map of viana do castelo



mapa do percurso map of trail



mapa do percurso em (km)  
map of trail in (km)



marcação do percurso trail mark



ficha técnica I information PR6

**Nome do Percurso | Name of Trail**  
**Moinhos de Vento de Montedor**  
**Montedor Windmills**

**Entidade Promotora | Sponsoring Organization**  
**Município de Viana do Castelo**  
**Viana do Castelo Municipality**

**Tipo de Percurso | Trail System**  
**Pequena Rota | (short-distance trail)**

**Localização | Location**  
**Carreço**

**Distância | Distance**  
**1.6 km**

**Duração | Time**  
**45m | 45 minutes**

**Grau de Dificuldade | Difficulty**  
**Fácil | Easy**

**Ámbito do Percurso | Trail Type/Character**  
**Paisagístico/Patrimonial/Cultural**  
**Nature/Heritage/Cultural**

**Ponto de Partida | Start Point**  
**Praia de Fornelos | Fornelos Beach**

ficha técnica I information PR7

**Nome do Percurso | Name of Trail**  
**Forte do Paçô**  
**Paçô Fort**

**Entidade Promotora | Sponsoring Organization**  
**Município de Viana do Castelo**  
**Viana do Castelo Municipality**

**Tipo de Percurso | Trail System**  
**Pequena Rota | (short-distance trail)**

**Localização | Location**  
**Carreço**

**Distância | Distance**  
**4 km**

**Duração | Time**  
**1h30m | 1 hour and 30 minutes**

**Grau de Dificuldade | Difficulty**  
**Fácil | Easy**

**Ámbito do Percurso | Trail Type/Character**  
**Paisagístico/Patrimonial/Cultural**  
**Nature/Heritage/Cultural**

**Ponto de Partida | Start Point**  
**Praia de Fornelos | Fornelos Beach**

## responsabilidades

"Os percursos pedestres recomendados não isentam os seus utentes ou pessoas que os promovam da assunção da responsabilidade por eventuais danos materiais ou humanos que ocorram no decurso da sua realização."

## responsibilities

"The recommended walking trails do not exempt their users or those who promote them from taking the responsibility for any possible damage to property or personal injury which may occur when using the trails."

## regulamento do percurso

Não saia do percurso marcado e sinalizado. Preste atenção às marcações. Evite fazer ruídos e barulhos. Respeite a propriedade privada. Não abandone o lixo. Coloque-o no respetivo local de recolha. Cuidado com o gado. Não incomode animais. Deixe a natureza intacta. Não recolha plantas, animais ou rochas. Evite andar sozinho na montanha. Guarde o máximo cuidado nos dias de nevoeiro. Utilize sempre botas de montanha, impermeável e chapéu. Durante o período crítico de incêndios e fogo desse período, nos dias de risco de incêndio igual ou superiores a elevado, não pode fazer qualquer tipo de fogo. Ajude a conservar o percurso.

## trail rules

Stay on the trail at all times – Pay attention and obey trail signs and markings. Avoid making loud noises. Respect Private Property. Do not litter. Take all litter with you and place in rubbish bins. Be careful with livestock. Do not disturb animals. Preserve nature. Do not pick flowers, collect rocks or catch animals. Avoid walking alone in the mountains. Be careful when foggy. Always use appropriate gear and clothing – hiking boots, a raincoat and a hat. Do not make fire at any time. Help preserve the trail.

## percursos pedestres dos moinhos de vento de montedor e forte do pacô

Os percursos pedestres dos Moinhos de Vento de Montedor e Forte do Paçô são percursos de Pequena Rota (PR), integrados na Rede Municipal de Percursos Pedestres de Viana do Castelo. Trata-se de percursos marcados e sinalizados segundo as diretrizes internacionais.

Estes percursos situam-se na freguesia de Carreço, Concelho de Viana do Castelo e desvendam a riqueza paisagística, patrimonial e arqueológica do emblemático Monte de Montedor.

## montedor windmills [moinhos de vento de montedor] and pacô fort [forte do pacô] trails

The Montedor Windmills (Moinhos de Vento de Montedor) and the Paçô Fort (Forte do Paçô) trails belong to the short-distance trail routes (PR), part of the municipal network of walking trails in Viana do Castelo. These are marked trails with international symbols. Located in the village of Carreço, in the Viana do Castelo region, these trails take you through wondrous landscape where visitors may admire the beauty of nature, cultural heritage sites and archaeological remains.

## descrição do percurso PR6

terra batida à esquerda, a cerca de 50m do largo por onde passamos. Seguindo por este carreiro encontramos os outros dois moinhos de vento: o Moinho do Marinheiro e o Moinho de Cima, que constituem um dos Núcleos Museológicos do Museu do Traje e estão abertos ao público. Estes moinhos de vento assumiram, ao longo dos tempos, uma importância vital na vida rural tradicional da freguesia e são por ventura os mais conhecidos. Estes resultam da evolução de uma comunidade, que em face da riqueza cereálica local, utilizou a energia eólica, para moer os grãos de forma a transformá-la em farinha. Estes moinhos estão atualmente recuperados: o do Petisco é propriedade particular, mas foi restaurado e está em funcionamento, conseguindo inclusive moer milho. O Moinho do Marinheiro, é da tipologia de velas trapezoidais de madeira e é o único conhecido em funcionamento, desde que foi recuperado pela Câmara Municipal em 2002. O Moinho de Cima, que funcionava com as mais conhecidas velas de pano (tal como o do Petisco), acolhe um Centro de Interpretação sobre os Moinhos. Na padaria da porta tem gravada a data de 1835. Os Moinhos de Vento de Montedor, estão classificados como Imóveis de Interesse Público.

Seguimos pela rua empedrada à nossa frente, e virámos logo de seguida por um carreiro de terra batida que atravessa o pinhal. Descendo este carreiro, reencontrámos o caminho do princípio deste magnífico trilho, chegando assim ao fim do percurso.

## trail description PR6

The Montedor Windmills trail is one of the short-distance (PR) routes – markings and symbols follow international guidelines.

This trail is located in Montedor, in the village of Carreço, in the Viana do Castelo region. The starting point is located a bit further north from Carreço beach, at the end of the rocky road leading to Fornelos beach. A large section of this trail is also part of the "Paçô Fort Trail".

Follow the path where sand, soil and stone are mixed, contouring the farming fields on the right and a granite outcrop on the left, where the Montedor rock engravings are located. Classified as a cultural heritage site, these prehistoric rock engravings depict zoomorphic figures (deer and horses).

Leaving the sea behind you, you enter a shady stretch wooded with pine trees which are abundant in the region. Climb the granite stone slab path and you will be able to see the first houses that belong to the small community of Lugar de Montedor. Continue on the marked path and you will soon find a stone slab where another series of rock engravings may be admired: these are the Fraga da Bica rock engravings. Also classified as a cultural heritage site, these engravings depict cruciform motifs (probably representing the human figure).

Walk along Travessa da Bica and turn left into Rua do Bom Sucesso, where you can spot an old chapel known as the Capela da Nossa Senhora do Bom Sucesso (Chapel of Our Lady of Good Success). Only some parts of the exterior walls and the chancel area, which is almost in complete ruins, remain standing. Inside you may still identify the high altar built in stone in a classical-style and admire the coffered ceiling of the chancel which is also made of stone. It was constructed in 1692 by order of the Majorat, António Rodrigues de Oliveira. The 16<sup>th</sup> century figure of Our Lady of Good Success, sculpted in Jasper, is now found in the Parish Church.

Continue to climb the rocky path and you will come to the Montedor lighthouse. It was built on the remains of a Castro settlement (hill fort) from the Iron Age. Several artefacts dating back to this time were found in the area, such as pieces of pottery, tegula and part of a large manual mill. This northernmost lighthouse first lit its mighty light on March 20<sup>th</sup> 1910. It has a 28 metre high quadrangular stone tower (103 meters above sea level).

Turn left onto a dirt trail which leads into a pine forest – you will find the first working windmill: Moinho do Petisco – this is a privately-owned mill which actually grinds a few days a week, its cloth sails unfurled in the wind. From this point you may admire the unique and spectacular view of the Atlantic Ocean.

After climbing down the wood stairs found next to the windmill, turn left onto a rocky trail. After about 100 metres turn right into Travessa da Velosa and continue until you get to a small square. Here turn right. At this point, the two trails separate. While the Paçô Fort trail continues on this path, the Montedor Windmills trail continues on the dirt trail to the left, about 50 meters from the small square.

Follow this route and you will come to the next two windmills: O Moinho do Marinheiro (literally translated as the Sailor's windmill) and the Moinho de Cima (the top windmill), which are part of a network of smaller museums belonging to the Costume Museum. These windmills were quite important to the dwellers of this village and their traditional way of life in this rural area. As the community prospered due to the abundance of locally grown cereal, we can see that the windmills were an important part of their daily lives.

there was a need to build these mills and use wind to grind the grain into flour. All three have been restored: the Petisco windmill is privately owned but was completely overhauled and restored to full working order. It now grinds corn. The Marinheiro windmill has trapezoid shaped sails made of wood and is the only one of its kind which still works after it was reconstructed in 2002 by the City Council. The Moinho de Cima which works with the more common cloth sails (as does the Petisco mill) has been converted into the Information Centre for the windmills. You will find the year 1835 engraved in the lintel over the entrance door. The Montedor windmills are classified as cultural heritage sites.

Follow the rocky path in front of you and almost immediately turn into a dirt trail which crosses a pined area. Follow the trail and it will descend to the starting point of this magnificent trail, thus coming to an end.

## descricão do percurso PR7

O trilho do Forte do Paçô é um percurso pedestre denominado de pequena rota (PR), pelo que a respetiva marcação e sinalização obedece às normas internacionais.

Este percurso situa-se no lugar de Montedor da freguesia de Carreço, do concelho de Viana do Castelo. O ponto de início localiza-se no local mais a norte das praias de Carreço, onde acaba a rua empedrada de acesso à Praia de Fornelos.

É de salientar que grande parte deste percurso é coincidente com o "Percuso Pedestre do Forte do Paçô".

Seguimos por um trilho, onde a areia, a terra e a pedra se misturam, conformando os campos de cultivo à direita e um affloramento granítico à esquerda, onde se situam as Gravuras Rupestres de Montedor.

Classificadas como Imóvel de Interesse Público, estas gravuras rupestres pré-históricas apresentam motivos zoomórficos ( cervídeos e equídeos).

Deixando o mar nas nossas costas, entramos na sombra dos pinheiros que abundam este local e, subindo pelo caminho de lage, encontramos as primeiras casas do Lugar de Montedor.

Continuando pelo caminho de terra batida que penetra num pinhal, encontramos a Capela da Nossa Senhora do Bom Sucesso. Esta capela restam apenas alguns panos de parede e a capela mor em adiantado estado de degradação. Ainda se pode identificar o altar-mor, em pedra, de estilo clássico e o teto da capela mor artesanal, também de pedra. Foi fundada em 1692 pelo morgado António Rodrigues de Oliveira. A imagem da Senhora do Bom Sucesso, uma peça escultórica em jaspe, do século XVI, encontra-se na Igreja Paroquial.

Continuando a subir a rua empedrada deparamo-nos com o Farol de Montedor. Foi construído sobre os restos de um povoado castrejo da Idade do Ferro, comprovado pelo aparecimento de vários vestígios de cerâmica, tégula e parte de um moinho manual de grandes dimensões. É o farol mais setentrional do país e entrou em funcionamento em 20 de Março de 1910. Possui uma torre quadrangular em cantaria de granito com altura de 28 metros (103 metros de altitude acima do nível do mar).

Virando à esquerda por um trilho de terra batida que penetra num pinhal, encontramos o primeiro moinho de vento em funcionamento: o Moinho do Petisco, de propriedade particular que, em alguns dias, podemos ver a moer, com as velas do parafuso desfraldadas; aqui conseguimos deslumbrar uma paisagem única sobre o Oceano Atlântico.

Depois de descer as escadas de madeira que se encontram junto a este moinho, viramos à esquerda por uma rua empedrada. Cerca de 100m decorridos, viramos à direita pela travessa da Velosa até desaguar num largo, onde tornamo-nos a virar à direita. E neste ponto que os dois trilhos separam. Enquanto o percurso pedestre do Forte do Paçô segue por este caminho, o dos Moinhos de Vento de Montedor segue por um carreiro de

Descendo o monte por entre a vegetação rasteira muito característica desse local até à orla costeira, encontramos um caminho de terra batida onde podemos virar à direita, descerendo até à praia para visitar o Forte. Se optarmos por virar à esquerda, seguimos sempre junto à costa até chegarmos ao ponto de partida desse trilho.

## trail description PR7

The Paçô Fort walking trail is a short-distance (PR) route – markings and symbols follow international guidelines.

This trail is located in Montedor, in the village of Carreço, in the Viana do Castelo region. The starting point is located a bit further north from Carreço beach, at the end of the rocky path leading to Fornelos beach. A large section of this trail is also part of the "Montedor Windmills Walking Trail". Follow the path where sand, soil and stone are mixed, contouring the farming fields on the right and a granite outcrop on the left, where the Montedor rock engravings are located. Classified as a cultural heritage site, these prehistoric rock engravings depict zoomorphic figures (deer and horses).

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Follow the trail signs and you will enter a wooded area where you just might observe some of the local wildlife such as wild pigeons and rabbits. At the end of the wooded area you will be able to see large corn fields in the lowland, the sea and Paçô beach, where the fortification is located. It is a small coastal fort, part of a defensive line that was used at the time of the Portuguese Restoration War. It was used as a surveillance and defence fortification for the left margin of the Minho river and the rest of the Portuguese Atlantic coast. The fort on Paçô beach worked in conjunction with the neighbouring Forte do Cão (Cão Fort in Vila Praia de Áncora) and the Areosa Fort. They have been classified as cultural heritage sites.

Descend the hill through the low vegetation, which is characteristic of the region, until you arrive at the shoreline, turn right on a dirt path and walk down toward the beach to visit the fort. Should you turn left, you will walk along the coastline until you reach the starting point of this trail.

